

Successful Networking Lunches

On Friday 22 January 2010 the Suffolk Coastal Resource Network held the first networking lunch of the year at the St Felix Church Hall in Felixstowe.

The event was held between 12 noon and 2pm and was open to any person with a direct interest in the Voluntary and Community Sector including those involved in local grassroots groups, organisations, charities, statutory bodies, councils and funding bodies.

The lunches are a terrific opportunity for people to come together in an accessible, open environment where networking is encouraged and enabled and groups can share ideas, develop partnerships and support each other.



The speakers at the Felixstowe event included the Big Lottery, the Suffolk Foundation and the Suffolk Climate Change Partnership. These included information on grants available to Suffolk Coastal organisations

and groups and details of the current criteria for various funding streams available.

The lunch was attended by over 45 people, representing over 30 organisations and groups.

If you would like details on this or future events planned by the Suffolk Coastal Resource Network, please do not hesitate to contact Karen Lawson (contact details on back page).

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The SCRIN in
partnership with



The Suffolk Foundation is a registered charity dedicated to improving the quality of life for the people of Suffolk.



The Suffolk Foundation

We are an independent grant giving organisation

that supports local community groups and projects which make a genuine difference to the lives of Suffolk people. We manage funds on behalf of individuals, companies, trusts and public agencies, acting as the vital link between local donors and local needs - connecting people who care with causes that matter.

New Communities Together Fund

The Suffolk Foundation has a new fund that may interest you, the Communities Together Fund.

It's about encouraging communities to develop a sense of belonging and unity, thereby increasing the quality of life for those communities.

Grants of up to £3000 are available for the following projects:

- Bring the generations together with projects for young and old so bridging generations
- Bring people from different backgrounds together
- Expand existing activities to allow the wider community to partake
- Develop volunteering opportunities for those in particular from black and minority ethnic backgrounds and supported volunteering

You can apply for this fund if you are a voluntary & community group in Suffolk. Deadline is 7 May 2010.

Applications can be made on the Suffolk Fund form.

Any queries please call Sue Wright 01473 734127

We also manage the following funds which may be of interest to you:

GRANTS PROGRAMME

Grants of up to £3000 available for core costs and projects. This is a 'quick decision' programme for groups with under £30,000 income.

SUFFOLK COUNTY COUNCIL SINGLE GATEWAY

Administered by The Suffolk Foundation, with grants available from six funds for up to £3000. The Panel meets three times per year. Next deadline: 9 July 2010.

VOLUNTARY SECTOR TRAINING FUND

You can apply for up to £2000 for a grant to train volunteers or staff of your community group. The Panel meets monthly.

HEALTHY AMBITIONS FUND

Help make Suffolk a healthier county with a grant of up to £4000 for creative health related projects. Next deadline: 31 May 2010

The Suffolk Foundation

Old Reading Rooms, The Green, Grundisburgh, Woodbridge, Suffolk, IP13 6TA

01473 734120

info@suffolkfoundation.org.uk

Big Lottery Fund

People's Millions Re-launched

Through the People's Millions, BIG wants to fund projects that transform the local environment or provide opportunities or facilities to allow people to take part and enjoy their local area. BIG are particularly interested in supporting community-based projects that can show that they will increase community involvement or help people who are most in need.

- In 2010, a total of £3.8 million will be available to support up to 5 projects within each of the 18 ITV regions, plus 18 runners up. The maximum grant will be £50,000 plus VAT.
- Funding will be for one off capital costs e.g. improvements to land, open spaces or allotments, buying land or temporary buildings, construction work, improvements to access, fixtures and fittings and the purchase of equipment.
- Organisations that can enter the People's Millions include voluntary or community groups, public bodies such as local authorities, schools, or statutory health bodies and social enterprises.

The closing date for applications is midday on the 14th May 2010 - www.peoplesmillions.org.uk

COMMA Fund Opens

A new round of COMMA funding opened on March 1st; groups with almost any community activity can be supported providing they meet the five conditions set. National ACRE is again delivering the grants on behalf of DEFRA, funded by the Aggregates Levy on quarries, with Suffolk ACRE administering the fund in Suffolk.

The conditions that need to be met to be eligible for the funding are:

- the community where the project is based is or has been affected by aggregates extraction or transport of aggregates
- the proposed project is within 10km of an aggregates extraction site, either current or disused
- the project must benefit the whole community or a section of the community, not an individual
- the applicant must be a community organisation, a charity or a Parish Council
- all project works funded by COMMA grants this year must be capable of completion by the end of March 2011

Tudor Trust Grants Programme

The Tudor Trust makes grants in the region of £19 million per year and are most interested in helping smaller, under-resourced organisations which offer direct services and which involve the people they work with in their planning.

- The organisations funded don't have to be registered charities, as long as they can show how they would use our grant for charitable purposes.
- They make grants across their established funding areas, youth, older people, community, relationships, housing, mental health, substance misuse, learning, financial security and criminal justice and now are also open to hearing about work in areas the Trust has not funded before.
- Grants can take the form of core funding (including salaries and running costs), development funding, project grants or capital grants for buildings or equipment.
- There is no maximum or minimum grant amount that an organisation can apply for. Applications can be submitted at any time.

www.tudortrust.org.uk

Demand for this funding has been high but in the last funding round Creeting St Mary Village Hall were awarded £20,000 and Somersham Community Shop received £8,000 getting them both closer to realising their projects.

Support and advice is offered when completing the application form so that applications are focused on the main priorities of the fund. The aggregate site locations can be found on our website: www.suffolkacre.org.uk or for more information or an application form please call or e-mail Elizabeth Storer on 01473 345311 elizabeth.storer@suffolkacre.org.uk

The closing date for applications is Friday 14 May.

Martello Coast Path Launch Event



14 VOLUNTEERS NEEDED

To man information points and provide a roaming point of contact for an exciting event on:

Monday 3rd May

12.30 – 5.00pm
Felixstowe

Featuring music, entertainment, themed walks & children's activities

For more information or to sign-up, please contact Heidi Grant on:
01394 444576 or Heidi.Grant@suffolkcoastal.gov.uk

Suffolk 2012 Volunteering Legacy Project



What is the project?

The project is a jointly funded initiative between the Suffolk County Council, Suffolk Sport, Young Suffolk and the Suffolk Volunteering Federation. It is designed to maximise the benefit for Suffolk, of the increased interest in volunteering within sport and cultural activities as a result of the 2012 Games and to further advocate the benefits of volunteering. The project is co-ordinated by Mike McCarthy, the Suffolk 2012 Volunteering Legacy Officer, based in Ipswich.

Timescale for the project

The project began formally in February 2010 and will run for three years. However, it is a legacy project and as such it is planned that the outcomes from the project will continue long after the three year period is completed.

What are the specific aims for the project?

- Increase the number of volunteering opportunities within sport and culture in Suffolk
- Support sports and cultural organisations in further developing good practice in terms of volunteering
- Attract new volunteers to the sport and cultural sector particularly from currently under-represented sections of the population across the county
- Liaise with and support the role of the brokers for new volunteers particularly Volunteer Centres throughout the county
- Establish a calendar of sport and cultural events in Suffolk that provide volunteering opportunities
- Establish, train and support a county wide Volunteer Events Team
- Encourage and facilitate potential 'Games Time' volunteers from Suffolk at the London 2012 Olympics

Who is the project working with?

As a jointly funded project that has a county wide brief, this project is already linking with a variety of other organisations and initiatives. In addition to the key funding partners these include:

- Volunteer Centres throughout Suffolk
- Ipswich & District Council for Voluntary Service
- Mid Suffolk Action in Partnership
- West Suffolk Consortium for Voluntary Organisations
- Waveney Community Forum
- Suffolk Coastal Resource Network
- Lap of Honour
- Team East for Skills
- Suffolk Info Link
- Suffolk Young Info Link
- Suffolk 2012
- Great East Swim

Working with sport and cultural organisations within Suffolk to discuss their needs in terms of volunteering is very much part of the plan for this project as is linking with the organisers of key events in the county to discuss a potential role for the Suffolk Events Team.

So who is this project for?

If you are:

- A current or potential volunteer in sport/culture in Suffolk
- Interested in volunteering at the 2012 Olympic Games
- Inspired by the 2012 Games to get involved in volunteering locally
- A sport or cultural organisation looking for new volunteers or looking to improve the experience of your current volunteers
- A sport or cultural organisation that is looking to get more 'hooked into' the rest of the volunteering sector or
- An organiser of a current sporting or cultural event in the county

To find out more about how this project may be able to help you, please contact Mike McCarthy on 01473 275196 or by email at 2012legacy@volunteeringsuffolk.org.uk

Help older people stay independent for longer

Are you a Community Development Worker or working in the voluntary sector in some other capacity? Would you like to have an opportunity to train to teach and lead seated exercise sessions within the community? Would you like to be part of a 'pilot project' in the Suffolk Coastal area? If YES read on.

Seated exercise classes help older people to stay independent for longer. The specially tailored sessions help to boost strength and mobility by combining simple and gentle sitting exercises with some standing work. The classes can be beneficial for those recovering from a fall or injury, and can also help older people to maintain their independence for longer.

FREE training, worth more than £400, will be provided to people who will commit to delivering regular seated exercise sessions in their clubs, community centres or village halls; or incorporate sessions into work you may already be doing with older people.

Once trained you will be able to lead a class which is specifically designed to improve health, wellbeing and balance among older people.

For further information or to express an interest in the unique training opportunity please contact olive.quinton@suffolkcoastal.gov.uk or ring 07984613808

'Pop in for a Chat' for volunteering opportunities

These sessions are run by Volunteer Suffolk Coastal for charities, voluntary organisations and, very importantly, the general public to pop along and discuss their volunteering requirements.

So whether you are looking for volunteers or have some time yourself to offer, come along and see us!

Here are all the upcoming dates for the next couple of months:

Tue 6 April	Woodbridge	12 - 2pm
Wed 7 April	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Thu 8 April	Leiston	10am - 12pm
Tue 13 April	Felixstowe	1 - 3pm
Tue 20 April	Woodbridge	12 - 2pm
Wed 21 April	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Thu 22 April	Leiston	10am - 12pm
Tue 27 April	Felixstowe	1 - 3pm
Tue 4 May	Woodbridge	12 - 2pm
Wed 5 May	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Tue 11 May	Felixstowe	1 - 3pm

**For more information, contact Lorraine Stiff
07540 855980 / coastal@volunteeringsuffolk.org.uk**

Woodbridge Woodbridge Library, 4 New Street, IP12 1DT
Saxmundham The Bell Hotel, 31 High Street, IP17 1AF
Wickham Market Resource Centre, Chapel Lane, IP13 0SB
Leiston Council Offices, Main Street, IP16 4ER
Felixstowe Trinity Methodist Church, Hamilton Road, IP11 7AN

Thu 13 May	Leiston	10am - 12pm
Tue 18 May	Woodbridge	12 - 2pm
Wed 19 May	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Tue 25 May	Felixstowe	1 - 3pm
Thu 27 May	Leiston	10am - 12pm
Tue 1 June	Woodbridge	12 - 2pm
Wed 2 June	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Tue 8 June	Felixstowe	1 - 3pm
Thu 10 June	Leiston	10am - 12pm
Tue 15 June	Woodbridge	12 - 2pm
Tue 22 June	Felixstowe	1 - 3pm
Wed 23 June	Saxmundham	10am - 12pm
	Wickham Market	1 - 3pm
Thu 24 June	Leiston	10am - 12pm

Thank You

How time flies by when you are being kept busy in the Suffolk Coastal 'patch'! Unfortunately the time has come for me to say a big thank you to everyone I have worked with in the Suffolk Coastal area over the last 12 months. Karen Lawson is returning on Tuesday 20 April 2010 and I hand the reins back.

As many of you reading this newsletter will know Karen has been on maternity leave and I have been 'caretaking' the Suffolk Coastal Resource Network Voluntary and Community Development Co-ordinator Role since April 2009.

I have found working in the Coastal area extremely interesting and been really inspired by the sheer volume and variety of projects, groups and organisations involved in the locality.

For the year from September 2008 to September 2009 the Suffolk Coastal Resource Network helped secure over £390,000 for a range of different groups and organisations which reflects clearly the community action underway in the area.

Wishing you all a successful and sustainable future and thank you again for the opportunity to work with you all.

Sue Clements
SCRN Voluntary and Community Sector
Development Co-ordinator

We want to hear from you!

SCRN would love to hear news from you and your organisation or group. Whether it's an event you have coming up, a success story, funding you have received, projects you are running, or if you just want to tell us about yourselves!

We can include your information in this quarterly newsletter as well as publishing your stories on our new website:
www.scrn.co.uk

If you would like to submit anything, then contact Karen Lawson, details can be found on the final page of this newsletter.

We look forward to hearing from you!

Free Funding & Development Surgeries

Are you a community, voluntary or faith organisation? Do you want to start up or develop your group? Need some funding?

Suffolk Coastal's FREE Funding and Development Surgeries are a chance to book a 45 minute to one hour slot to talk with Advisors from Suffolk Coastal Resource Network and the Suffolk County Council. Dates for 2010 are to be confirmed, but will appear on www.scrn.co.uk

Services offered include help with:

- Organisational Health Checks
- Policies
- Running Your Organisation or Group
- Procedures
- Achieving Charitable Status
- Legal Issues
- Financial Health Check
- Personnel issues
- Designing a Fundraising Strategy
- Community Fundraising
- Finding Appropriate Funding Sources
- Funding Applications



Funding advisors are members of the Institute of Fundraising and abide by their Code of Conduct.



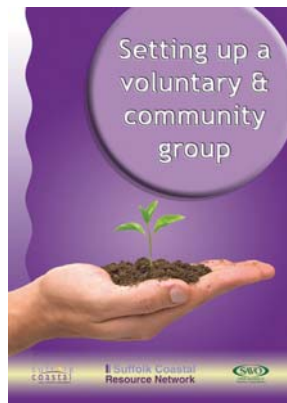
Advice and support is provided within the Code of Conduct of NAVCA.

Success of New Booklet

Many groups in Suffolk Coastal are finding this booklet 'Setting up a voluntary & community group' useful in setting up as a new group or to review and improve their organisation.

Thank you to the LSP for the funding to allow us to publish it.

If you have not received your copy or would like further copies please contact the SCRN, details below.



Writing Effective Funding Applications

The Suffolk Coastal Resource Network, SCRN, offered a FREE half day workshop on 'Writing Effective Applications' on Monday 18 January 2010 at the Saxmundham Market Hall. The workshop included information and advice on the basics of writing a good funding application, how to plan your project, how to cost your project and jargon busting terminology.

10 participants took part in the workshop run by Sue Clements from the Suffolk Coastal Resource Network and Katrina Copping from the Suffolk County Council.

If anyone is interested in attending further workshops run by the Suffolk Coastal Resource Network please contact Karen Lawson (see below).

Suffolk Coastal Resource Network

Karen Lawson
Voluntary & Community Sector
Development Co-ordinator



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